

JUNE 08

**THE PROBLEM SOLVER****Regel Pharmalab**1679 Bonnie Lane Suite 101  
Cordova, Tennessee 38016

SUMMER REGEL, PHARM.D., BCPS  
HORMONE SPECIALIST

Introducing the latest addition to our staff.  
Dr. Regel will be presenting our complete hormone makeover seminar in July.

**DR. SUMMER REGEL**

Summer Regel holds a doctor of pharmacy degree from the University of Tennessee, Memphis. She is also a board certified pharmacotherapy specialist. Her specialized training, as well as practical experience, puts her in the unique position to recognize, respect, and work to control the symptoms of menopause in women. Summer's focus at Regel PharmaLab is tailoring a medication regimen that meets the individual needs of each patient. This service begins with an initial consultation and continues with consistent patient follow-up. This allows therapy to be manipulated in order to achieve maximum relief. Patients are not sent home with the belief that "better than before" is their

only option. At Regel PharmaLab, therapy is tweaked until the patient is truly satisfied with the results. This level of service is unmatched and gives patients the power to affect a positive change in their own health and well-being. Summer is educated, experienced, and qualified to assist patients in their journey towards symptom-free menopause.

Come to our next seminar to learn more, or call us to set up an appointment to talk with Summer.

Look for Summer's Corner in the upcoming issues of The Problem Solver.

**MONTHLY EVENTS****Tuesday July 29th**

**Complete Hormone Makeover**  
Call 757-9434 today to reserve your seat.

Location: Dr. Carol Lynn, MD  
2136 Exeter #103  
Germantown, TN 38138  
Time: 6:30-8:30pm

**Tuesday August 26th**

**Complete Hormone Makeover**  
Location: Germantown Aesthetics

7475 Poplar Pike  
Germantown, TN 38138

Time: 6:30 - 8:30pm

**Tuesday September 30th**

**Complete Hormone Makeover**  
Location: Mestemacher Clinic For Women

7918 Wolf River Blvd  
Germantown, TN 38138

Time: 6:30 - 8:30

**Please call (901) 757-9434  
for reservations.**

**Price for seminar is:  
\$10 pre-registered  
\$15 at the door**

# Multi t/d - A multivitamin with much needed extras.

**M**ulti t/d is a multivitamin that is manufactured by Pure Encapsulations. The Pure Encapsulations nutraceutical company was chosen for their quality, reputation and for their price. Our goal with bringing in a nutraceutical line is to provide a top quality pharmaceutical grade product that meets the high standards that our pharmacy maintains, at a reasonable price.



Two major differences that make this multi-vitamin superior are:

**Capsule form** - Most multivitamins are in tablet form making it difficult for individuals to digest completely. This leads an ineffective multivitamin.

**Activated B vitamins** - This formulation provides several of the B-vitamins in the activated form. This activated form does not require the body to break it down. Many individuals lack sufficient nutrients and enzymes to properly regulate the breakdown of B vitamins.

Dr. Summer Regel recommends the Multi t/d for the above benefits and for its Zinc and Selenium content. Zinc and Selenium are very important for thyroid hormone balance.



Compare your multivitamin with the information on the right to see if your multivitamin provides the matches up with Multi-t/d.

If you are not taking a multivitamin, are you eating the right foods and enough of them? Two capsules a day can provide the nutrients your body is missing and can be a start towards preventative medicine.

The price for a month supply is \$20.50.

Multi t/d ingredients:

ascorbic acid	500 mg.
vitamin C (ascorbyl palmitate)	40 mg.
vitamin D3	800 i.u.
d-alpha tocopherol succinate	100 i.u.
thiamine HCl (B1)	50 mg.
riboflavin (B2)	25 mg.
riboflavin 5' phosphate (activated B2)	12.5 mg.
niacin	25 mg.
niacinamide	50 mg.
pyridoxine HCl (B6)	12.5 mg.
pyridoxal 5' phosphate (activated B6)	12.5 mg.
folic acid	800 mcg.**
methylcobalamin (B12)	500 mcg.
biotin	800 mcg.
pantothenic acid	50 mg.
iodine (potassium iodide)	200 mcg.
zinc (picolinate)	15 mg.
selenium (selenomethionine)	200 mcg.
chromium (polynicotinate)	100 mcg.
mixed carotenoids	7,500 i.u.
providing:	
beta carotene	4,500 mcg.
lycopene	125 mcg.
lutein††	250 mcg.
zeaxanthin†	50 mcg.
lutein††	6 mg.
zeaxanthin†	1 mg.

Regel Pharamlab provides custom formulated medication for individuals that have medication needs that cannot be solved with commercial medication.

That is why we are:

**The Mid-South Problem Solving Pharmacy**

## Our services also include:

Flavoring for Pediatric and Veterinarian Products

Preservative Free, Dye Free, Alcohol Free, Sugar Free Products

Autism Spectrum formulations

Medications in Lollipops, Suppositories

Bio-Identical Hormone replacement therapy

Pain Management

*Give us a call to help solve your medication problem*